

Five First Saturdays



Our Lady spoke to Sr. Lucia dos Santos, one of the Fatima children, saying:

“See, my daughter, my Heart encircled by thorns with which ungrateful men pierce it at every moment by their blasphemies and ingratitude. Do you, at least, strive to console me. Tell them that I promise to assist at the hour of death with the graces necessary for salvation all those who, in order to make reparation to me, on the First Saturday of five successive months to...” practice this devotion.



This information is provided by the Precious Blood Parish Legion of Mary. For information about The Legion, contact Doreen Steele at 203.551.4575, Sharon DiNapoli 203.799.8670 or visit the parish website.

What is this devotion?

The Five First Saturdays devotion is one of the principal messages our Blessed Mother Mary gave eight years after her apparitions in Fatima to Sr. Lucia dos Santos on Dec. 10, 1925. It centers on the urgent need for mankind to offer reparation for blasphemies against her Immaculate Heart.

How to practice the Five First Saturdays devotion:

On the first Saturday during five consecutive months:

1. Go to Confession (shortly before or after the First Saturday - so long as you receive Holy Communion in a state of grace)
2. Receive the Sacrament of Holy Communion on the First Saturday of the month
3. Say five decades of the Rosary sometime during the day
4. Spend 15 minutes meditation on the mysteries of the Rosary

Parish resources to help you stay on track:

Our parish Rosary Group prays the Rosary after 8AM mass on Saturday mornings at St. Mary church

Confession is available on Saturdays 3:30-4:30PM at St. Agnes church. It also counts to go on the following Monday evening from 6PM - 7PM at St. Mary.

It does not matter what month you begin, you can start any time! Put a “star” on all five First Saturdays of your calendar as a reminder.

Don't stop at just one! Continue practicing the Five First Saturdays devotion in reparation for sinners everywhere and the salvation of all souls.